



EB

Paths for young people

(Wege für Jugendliche)

Problems at school or in your training programme? Worries or conflicts at home? Are you starting to feel overwhelmed? We are here for you.

The EB will support you along your personal path. We can advise you in connection with difficulties or worries you may be having at school or in your training programme, at home, with co-workers or with your boyfriend/girlfriend. You can turn to us with your personal issues as well.

How we can work with you

We are interested in your concerns, thoughts and ideas. Together we will try to find paths and solutions that can open new prospects for you. We will talk you about what you need to take the first steps. One session may be enough, or it might take more time. Talking about your concerns with a professional will ease the burden.

What you can rely on

Educational Counselling of Canton Bern (EB) is an independent counselling service. Our psychologists are bound by confidentiality. The counselling is free of charge for you.

How you can sign up

You can find the counselling office nearest to you on our website. Call us or send us an e-mail.

Finding paths

The educational counselling is a service offered by the Education Department of Canton Bern
www.be.ch/erziehungsberatung