



EB – Finding paths

Support for children and teenagers along their development paths

Psychological counselling can be helpful in some situations that arise as children and teenagers follow their paths toward independent adulthood.

The educational counselling service of Canton Bern (EB) can help children and teenagers to find the way forward and to develop in positive ways. We regard child-raising and educational situations in their entirety, taking the people and institutions involved into account. Our primary focus is always on the well-being and positive development of the child or teenager. A specialised service established by statute, we are able to advise parents, children, teenagers and teachers in connection with difficulties related to school at any level and are entitled to request supportive measures. We can also call on other specialised services when necessary. We draw up expert reports and provide any counselling requested or required by a public authority.

Illuminating paths – our approach

We listen closely to the persons involved and try to understand the circumstances that led to the current situation. To understand means to recognise a problem.

Finding paths – our contribution

We carry out in-depth counselling sessions and assessments. We work with parents, children / teenagers and teachers to find solutions and identify new paths that can be taken. To recognise means to address a problem.

Taking paths – the aim

Our aim is to help parents, families, children and teenagers to take paths that promote positive development. Where necessary, we offer in-depth counselling and therapeutic support. To address a problem means to move forwards.



Who we are

The EB is a public counselling service and specialist unit. We offer objective educational psychology assessments, counselling and psychotherapeutic treatment in our regional offices. We have a duty to maintain professional ethics and professional standards. Our psychologists are bound by confidentiality.

What we are here for

We offer psychological support in difficult situations in the context of education or parenting, stress within the family, developmental or behavioural problems, problems with school learning or performance or other difficulties.

Who we are here for

Our services are available to parents, families, children and teenagers, as well as to schools, professionals and authorities. The EB is responsible for children from birth until they complete their basic vocational training or secondary school education. Our services are free of charge for those seeking advice. Fees are charged to authorities who request our services.

Where to find us

You will find one of the fourteen regional counselling offices in your area.



How to find us Regional offices of the educational counselling service (EB/SPE) in Canton Bern

EB Bern
Effingerstrasse 12, 3011 Bern
T 031 633 41 41, eb.bern@be.ch

EB Biel
Bahnhofstrasse 50, 2502 Biel
T 031 636 15 20, eb.biel@be.ch

EB Burgdorf
Dunantstrasse 7b, 3400 Burgdorf
T 031 635 52 52, eb.burgdorf@be.ch

EB Interlaken
Bahnhofstrasse 20, 3800 Interlaken
T 031 635 36 50, eb.interlaken@be.ch

EB Ittigen
Gerbelacker 1, 3063 Ittigen
T 031 635 99 25, eb.ittigen@be.ch

EB Köniz
Waldeggstrasse 37, Postfach, 3097 Liebefeld
T 031 635 24 50, eb.koeniz@be.ch

EB Langenthal
Jurastrasse 46, 4900 Langenthal
T 031 636 15 70, eb.langenthal@be.ch

EB Langnau
Oberstrasse 20, 3550 Langnau
T 031 636 15 60, eb.langnau@be.ch

EB Spiez
Seestrasse 34, 3700 Spiez
T 031 635 99 00, eb.spiez@be.ch

EB Thun
Scheibenstrasse 11C, 3600 Thun
T 031 635 58 58, eb.thun@be.ch



Kanton Bern
Canton de Berne

SPE Bienne
Rue du Contrôle 20, 2502 Bienne
T 031 635 95 95, spe.bienne@be.ch

SPE Moutier
Rue du Moulin 2a, 2740 Moutier
T 032 493 27 78, spe.moutier@be.ch

SPE St-Imier
Rue du Vallon 26a, 2610 St-Imier
T 031 636 16 86, spe.tavannes@be.ch

SPE Tavannes
Grand Rue 4, 2710 Tavannes
T 031 636 16 86, spe.tavannes@be.ch

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The educational counselling is a service offered by the Education Department of Canton Bern
www.be.ch/erziehungsberatung
www.be.ch/spe